

Prair (sounds like prayer) - Family Nurse Practitioner

Deborah Prair Berest has an extensive experience in western and alternative medicine. She's was inspired to become a licensed doula (midwife), studying herbal medicine, Shiatsu and healing touch. Expanding her health knowledge, she received her bachelor's degree in Nursing from the University of Washington. Upon graduation she joined the local fire department on the island Puget Sound. There she responded to medical and trauma calls, as well as being a burn, plastics and pediatric trauma nurse. Prair moved to Santa Fe in 2002 and fell in love with the City Different. After 16 years of service as a critical care nurse, Prair decided to return to her roots of holistic family-based medicine. In 2018 she obtained her master's degree as a Family Nurse Practitioner, working in pain management, hospice, urgent care and prescribing medical cannabis cards.

"I'm proud to call myself a nurse. Caring for individuals and their families across the lifespan is an honor. I have a deep respect for both western and alternative medicine, and I believe medical cannabis has a significant place in the management of various medical conditions. I have witnessed firsthand how helpful it is for patients and I'm thrilled to be a part of such a wonderful establishment here at Kure."